



Dermaforce

ADVANCED RADIOFREQUENCY MICRONEEDLING

Amazing  
skin is  
always in!

TIGHTER, BRIGHTER SKIN  
WITH 3D DERMAFORCE

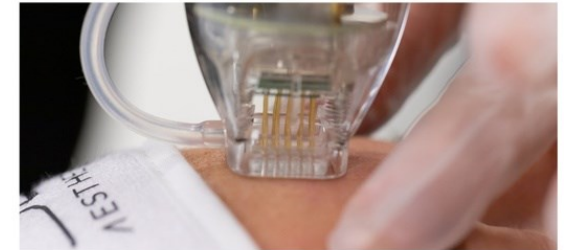




## Revive and rejuvenate your skin with the revolutionary 3D Dermaforce Microneedling Radio Frequency treatment.

3D Dermaforce is a minimally invasive microneedling and radio frequency treatment that significantly rejuvenates and repairs your skin. The controlled application of tiny needles trigger your body to produce new collagen and elastin. This, combined with the radio frequency energy, results in refreshed tightened and plumper looking skin.

A fantastic treatment for those looking to improve their skin's appearance, including reducing fine lines & wrinkles, stretch marks, pigmentation and acne scarring with little to no downtime and optimal results seen after three treatments.



LOOSE AND  
SAGGING SKIN



FINE LINES  
AND WRINKLES



SUN DAMAGE/  
PIGMENTATION



STRETCH  
MARKS



PITTED SKIN/  
SKIN TEXTURE

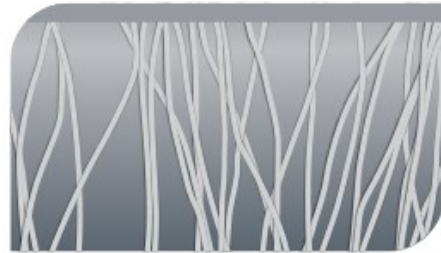


## HOW IT WORKS

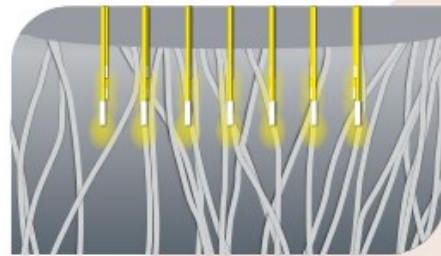
3D Dermaforce Microneedling/RF is an advanced method of skin rejuvenation.

The treatment stimulates the body's natural healing process to encourage collagen production in the dermis.

This results in rejuvenated and tightened skin.



COLLAGEN FIBRES BEFORE TREATMENT



RF HEATS COLLAGEN FIBRES



COLLAGEN FIBRES AFTER TREATMENT

## ADVANCED MICRONEEDLING

This treatment is so versatile that it can be used to target a number of concerns on both the face and body including:

- Lines and wrinkles
- Overall skin texture
- Pigmentation
- Sun damaged skin
- Pitting of skin
- Brightening and lightening
- Sagging skin
- Stretch marks



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# The Results

## FULL FACE

Results shown three weeks after one 45 minute treatment



A stand alone treatment will transform skin health as the radio frequency works to increase the density and volume of the dermis which results in plump, hydrated skin. At the same time, Microneedling stimulates mitosis in the bottom layer of the dermis which means cell production is increased and stimulates the skins water cells (Glycosaminoglycans or GAG's) which results in increased skin hydration.

We recommend an initial course of 3 treatments every 4 weeks to target specific skin care concerns, further information on the following page. After the initial course a 3 month break from Dermaforce is needed for the cells to complete their regeneration.

For ultimate anti-ageing results we recommend combining Dermaforce & HIFU treatments together. The course of Dermaforce should be completed first (to increase the skins collagen levels) and then 4 months later the HIFU treatment can be carried out.

BEFORE



AFTER



FULL FACE – RESULT  
SHOWN IMMEDIATELY  
AFTER FIRST TREATMENT

Looking at my results after just one treatment, I cannot believe it. This treatment is incredible, even my friends have noticed and said I look younger! I was apprehensive as I thought the process may be painful, and although there was slight discomfort, there was no pain.

– JACKIE, WARWICKSHIRE

# Targeting Skincare Concerns



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FINE LINES  
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## Targeting signs of ageing

As we age the dermis thins, which creates fine lines & wrinkles. Skin elastin also decreases which effects contours. Starting between the ages of 21 - 28 we lose 1% of collagen every year, free radicals will also increase this as they break down collagen & elastin in the skin which is why following your aftercare and making lifestyle changes is also important. Dermaforce treatments rejuvenate the skin and stimulate the body's natural healing process which encourages collagen production in the skin resulting in rejuvenated and tightened skin. Following your course with HIFU 4 months later will provide the ultimate anti-ageing results.

## Targeting sun damage / pigmentation

Hyperpigmentation is caused by melanocytes that release melanin into the skin to protect the nucleus, think of these melanocytes as an umbrella for the cells. These are stimulated by UV exposure, medication, trauma and hormones. It is helpful to think about how your hyperpigmentation has been stimulated. It can be very challenging to treat pigmentation and there are a number of things available on the market claiming to, Dermaforce will help to eliminate pigmented cells but can not 100% remove them, it may be beneficial to also look at chemical peels or laser treatment if you are looking for a complete removal. A course of at least 3 treatments is recommended and our use of the Dermalux LED Phototherapy in treatment will also have a benefit. During Dermaforce treatment desquamation, the natural shedding of the skin, is encouraged which is what removes pigmentation.

## Targeting stretch marks

When the dermis is stretched to its full capacity very quickly without any recovery time stretch marks will appear as the skin has become thinner and the capillary network has been compromised. Dermaforce works to increase the dermal volume which thickens the skin as microneedling stimulates the capillary network. It is important to evaluate how long the stretch marks have been present and make changes to poor sleep patterns and high stress levels where possible as this also benefits the skin's recovery during treatment. We recommend 4 - 6 sessions with a midpoint review. During the course of treatments, stretch marks can appear darker, pinker or purple as the treated capillaries are stimulated,

## Targeting pitted skin / improving skin texture

In acneic skin the pilosebaceous unit has become infected which causes a blockage in the dermis (skin). This bacteria within the dermis explodes under the skin which is how pitting can occur. The immune system will work to fight the infection and so it is important to consider your stress levels and sleep patterns as the better they are the better your immune system will be. Dermaforce increases the dermal volume helping reduce the appearance of pitting, it also breaks down scar tissue promoting new healthy skin. Treating acneic skin can reduce sebum & manage acne. Treatment can not take place over active breakouts and so these are avoided during treatment however you will experience cell migration and so the benefits will still be seen all over the skin.



# Dermalux LED Phototherapy Treatment

As standard, we upgrade all of our Dermaforce treatments with a Dermalux LED Phototherapy Treatment. Combining the phototherapy with Dermaforce gives amazing added benefits to your facial such as improving skin clarity, accelerating cell renewal, improving skin tone, calming redness and irritation and accelerating healing.

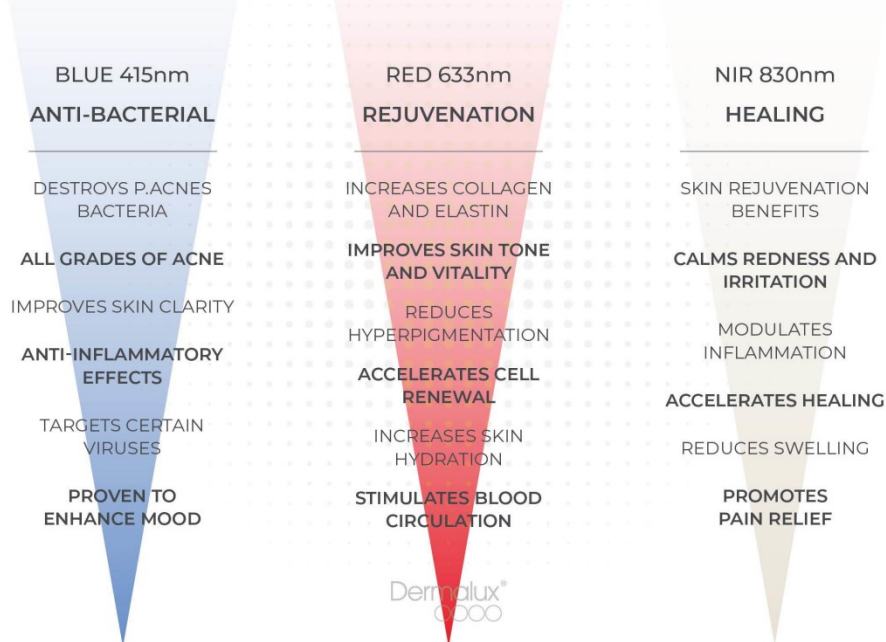
The shield is placed over your skin post treatment for 10 to 20 minutes alongside a cooling mask. This is a non-invasive treatment that uses clinically proven therapeutic light energy to trigger the skins natural rejuvenation and repair processes without pain or downtime.

This technology, that is also used by NASA and in the medical field works using Light Emitting Diodes. LEDs have multiple wavelengths of light that are delivered in to the treated area. These wavelengths work at different levels enabling them to reach into different layers of the skin, see below diagram. The light is absorbed by the skin and in turn creates amazing benefits to the skin such as encouraging collagen production and other bio-chemical mechanisms, see the different lights and wavelengths below and their effects.

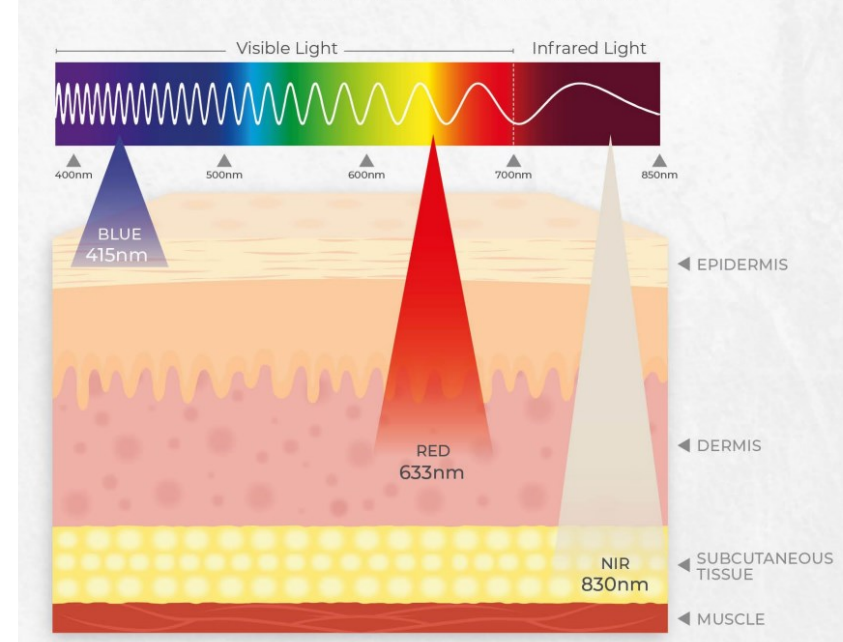
Dermalux Phototherapy Treatments can also be taken apart from Dermaforce and results will be seen from one off treatments, however a course is recommended.

A 30 minute Dermalux LED Phototherapy Treatment is £40 or can be added on to any facial as a 15 minute add on for £20.

## MOST CLINICALLY PROVEN WAVELENGTHS



## LIGHT ABSORPTION IN THE SKIN



# Dermaforce Treatment Guidelines

## Pre-appointment Information

### 1 week before treatment

Avoid sun exposure and sunless tanning. Sun burned or tanned skin will need 4 weeks before treatment.

All skin irritants must be stopped (glycolic/ salicylic acids, benzoyl peroxide, retinol products such as Retin A, Tazorac, Triluma, Differin, and Vitamin C) on the area being treated 3 days prior to treatment.

Advise staff of any medical conditions or medication to ensure you are not contraindicated.

Avoid CACI & REN Facials 1 week before treatment (aesthetic treatments will need to be avoided to please speak with your therapist for timings).

For men, beards should be shaved or clipped the day before treatment.

The day before treatment use a manual exfoliator to prep for your skin but avoid AHA/BHA exfoliators.

### Day of Treatment

Do not wear any make-up or moisturisers on the area being treated. Avoid excess exercise as sweat can change your skins PH. The more hydrated you are the more hydrated your skin will be meaning better results so keep your water intake high and use products focussing on hydration.

You may experience redness and possible bleeding during treatment and for up to 24 hours after treatment you may experience continued redness and mild swelling. An SPF will be applied after treatment and direct UV exposure should be avoided.

Think of your skin as "bed-ready" after treatment and do not apply any further products that day.

### Stages of recovery

*Expected side effects - redness, bruising, swelling & dryness*

1-2 days mild erythema, tightness and heat

2-3 days reduced erythema minor skin dryness and flaking

3-4 days potential dryness

4-5 days full recovery

4-6 weeks improvement in Collagen health visible

## Post appointment Information

The epidermis (top layer of skin) will remain open for 24 hours after treatment. It is very important to remember this and factor this in to when you have your treatment as your skin will be vulnerable during this time. For example, if you have children or animals you will want to avoid them touching (or licking) your skin during this time. You will also need to keep skin clear of any dust, dirt or sweat as much as possible.

Drink plenty of water. Keep in mind the more hydrated you are the better it is for cell rejuvenation and skin health.

Avoid the following:

- touching the face for at least 12 hours post treatment
- Non-mineral make up for 24 hours (mineral is best but you may still break out if you apply so barefaced is best)
- Hot tubs, saunas, steam rooms and exercise post treatment. However, all other normal activity can be resumed.
- Waxing, tweezing, and depilatory creams can be resumed 1 week post treatment.

Things to keep in mind:

All skin irritants (glycolic/ salicylic acids, benzoyl peroxide, retinol products, or vitamin C) can be resumed 3 days post treatment.

An SPF 30 or higher with Zinc Oxide will be applied immediately post treatment. Please continue to apply sunblock daily to maximize your results and minimize irritation.

CACI Treatments and spa facials can be resumed 1 week post treatment.

Do not pick flaky skin

Use a clean pillowcase and towel that evening.

Consider the environment, hot humid conditions (such as, cooking, car heating or fans) can contribute to excess inflammation. Also consider your working environment, for example if you work with animals it may be best to not be working for 24 hours due to



# Dermaforce Treatment FAQ's

1. How many treatments will I need? Results are clinically proven and a one off treatment will improve skin health. For best results, we recommend between 3 – 6 treatments for optimal results, your therapist will be able to discuss your skincare goals and create a tailored plan for you.

2. How Long Will a Dermaforce Treatment Take? .Your initial treatment will include a consultation and will be around 75 minutes, subsequent appointments will be around 60 minutes.

3. How are the results achieved? Dermaforce is an advanced method of skin rejuvenation that stimulates the body's natural healing response. Radio frequency energy is delivered precisely through insulated needles to the dermis heating the collagen fibres to 55°C–65°C. As we age our collagen fibres become brittle and start to break, its tri-helix structure untangles (think of a rope that starts to come apart from itself), this means that signs of ageing appear. The temperature causes trauma to these existing mature, dehydrated, damaged collagen cells causing them to become damaged. The body's natural healing process is stimulated, which results in increased fibroblast action, fibroblasts are the tissue cells that produce collagen and elastin. This results in the production of collagen and elastin in the area giving the skin a tightened appearance (think of this as a brand new rope). At the same time, Microneedling creates trauma through the 5 layers of the dermis, which encourages cell reorganisation leading to the improvement of open pores, dullness, uneven skin tone & pigmentation. The combination work together to reach skincare goals faster.

4. How long until I see results? Immediate results will be seen with skin radiant and glowing. The fibroblast activity begins 3 - 5 days after treatment and continues for 14 days. If there are high levels of stress, lack of sleep or high alcohol intake the healing response will be slower. During this time the immune system is triggered to aid healing

removing the collagen waste. The skins water cells (GAGS) are stimulated bringing increased hydration to the skin.

5. Will I Need to Take Time off Work? There is limited downtime after treatment. If you work in an environment like an office there is no reason why you cannot return straight to work although you may be a little pink. If you work in an outside environment or somewhere with a lot of dust and debris you would be best to leave 24 hours before returning to work.

6. What Does Dermaforce Feel Like? There is little to no sensation during a Dermaforce treatment however, in certain areas there may be mild discomfort which passes within moments. After treatment your skin may have a sunburn feeling.

7. Will the needles leave holes on my face? The needles are gold plated and measure 0.12mm in diameter, the smallest in the microneedling market, there are 25 needles in each facial tip and 64 in the body tips. As they are so small you aren't left with any long term visible marks on the face.

8. Are There Any Side Effects? You are likely to feel a sunburn sensation on your skin and it will appear red immediately after treatment, this usually calms down within a few hours. It is possible that you may experience redness, swelling, bruising, dryness and flaking skin post treatment these are expected side effects.

9. Can I have other treatments such as CACI & HIFU? Yes, you will need to leave a week before and after CACI treatments. If you are having laser on the area it is a 2 week wait before & after treatment. You can combine HIFU into your tailored plan for anti-ageing it is best to have the Dermaforce course first followed 4 months later by a HIFU treatment.



# Pricing



**Dermaforce Facial** £250

**Dermaforce Course of 3** £675

**Subsequent Courses of 3** £600

## **Initial Dermaforce Appointment**

*Up to 75 minutes*

Includes an in depth consultation, Dermaforce treatment, collagen or hyaluronic mask and Dermalux LED Phototherapy

## **Subsequent Dermaforce Appointments**

*Up to 60 minutes*

Recap on last treatment and consultation, Dermaforce treatment, collagen or hyaluronic mask and Dermalux LED Phototherapy

Pay in 3 interest-free payments on purchases from £30-£2,000 with **PayPal**. [Learn more](#)

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